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Ralph Breaks the Internet (2018) | *Insecurity* | BIBLE STUDY

Facilitator Note: We encourage facilitators to take this Bible study and expound on it throughout the week, allowing it to be a springboard for deeper conversation and personal meditation.

PRESS START

Ralph Breaks the Internet features characters that live within the digital world, and they have occupations much like we do. For the video game characters, they live in their respective worlds while punching the clock when a player comes along. The internet is visualized as a vast metropolis full of buildings and districts that represent all corners of the internet.

If your job involved you working inside a video game or the internet, what would be your ideal occupation?

EQUIP

One thing the movie does so well is bring depth to the main characters. Ralph struggles with a great amount of insecurity when he jumps into this new world. The truth is we all battle insecurity to some degree.

The dictionary defines insecurity as a lack of confidence. What is an area of your life in which you would like to have more confidence?

Thankfully, scripture provides hope. **1 Peter 5:7** says, "Cast all your anxiety on him because he cares for you." This scripture is important to remember, especially during times of self doubt. Ralph was living a great life when he finally found a friend in Vanellope, then became afraid of being lonely again when he thought he was going to lose her. As we saw in the movie, his anxiety and lack of confidence eventually led to some bad choices.

LEVEL UP

One of the best aspects of this movie is how the representation of the internet is literal. Insecurity became visualised when Ralph acquired the Insecurity Virus. First, the virus targeted Vanellope's glitch, which was taken as a digital insecurity. Then it locked onto Ralph's that were internal, which eventually manifested in the digital space.

If you've ever owned a computer, you've likely had to choose what kind of antivirus software to install. If so, have you found that software to be helpful?

Just like your antivirus software performs routine maintenance, we should be doing that for our own spiritual health. It is important we set aside time for ourselves to dive into scripture and pray. **2 Timothy 3:16-17** tells us how consuming scripture is beneficial in keeping us focused through everything we do. As for prayer, in **Philippians 4:6** we are told to pray in thankfulness and make requests to God rather than being anxious. If we apply the principles of these scriptures to our own lives, we will see the fruit of our "routine maintenance."

MOD

While Ralph was perfectly content with his lifestyle, Vanellope wanted much more out of life than racing the same tracks and going to Tapper's every day. Although his intentions were good, Ralph got so wrapped up in the solution that he didn't see what she was going through. We tend to get so wrapped up in our own situations that we forget to check on our friends and be there for them in times of great need.

Think of your closest friends. Was there ever a time when they came to your aid during a tough time?

It turned out Vanellope's true desires were not something Ralph could solve. There will be plenty of moments where we can't do anything to help our friends, but the one thing we can always do is pray. In **James 5:6**, scripture says, "confess your sins to each other and pray for each other so that you may be healed. The *prayer* of a righteous person is powerful and effective." Therefore, praying is one of the best things we can do for a friend.

PRAY

As you close in in prayer, take requests as a group. Each person should make two prayer requests if possible. The first for yourself and a current struggle, and the second for a friend who may not be present. For the second, a person's name is all that is needed. You do not have to share their struggle if you don't feel comfortable doing so.

THE NEXT LEVEL

Romans 12:12 NIV "Be joyful in hope, patient in affliction, faithful in prayer."

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